



Acton-Boxboro Youth Soccer

Winter Indoor Soccer Skills and Futsal (ISFP)

Featuring a 6 week program, ISFP includes SAQ® (Speed, Agility, and Quickness), soccer skills and Futsal games. A great way to keep fit, stay active and improve your soccer skills over the cold winter months.

The program is managed and run by Acton & Boxborough's director of coaching Mitch Doherty (Level B coach and SAQ® trainer)

Please NOTE due to limited GYM space there is room for only **20 players per session** – register online at the ABYS website NOW to avoid disappointment.

ABYS will operate a waitlist and if demand is high enough look for alternative GYM space.

Dates:

Program 2 time and dates: **January 10th 17th 24th 31st February 7th, 28th** (no program on 2/14 or 2/21 due to Feb Break)

Times:

9:15–10:15 **Boys Kinders, U7 & U8** 10:30–11:30 **Boys U9/U10** 12:00pm–1:00pm **COED U11/U12**

1:15pm–2:15pm **Girls Kinders, U7 & U8** 2:30pm–3:30pm **Girls U9/U10**

Cost: \$95

Where: Blanchard Gym – Boxborough

Visit the link below to register online:

<https://secure.adminsports.net/actonboxboroughmasoccer/>

